

# Durham Striders Track Club

## Durham Striders Excel in 2A and 4A Championships



We can be proud of our Durham Striders who just completed the State High School Track Championships. There were many of our Striders who participated for their respective schools. However, two accomplished what is considered to be individual excellence by winning 4 State Championships each.

Jacinda Evans from Southern High School in Durham and Sherice Walker from Burlington Cummings High School in Burlington each won 4 High School State titles and were voted as the MVPs for their respective divisions, 4A (Jacinda/100m,200m,long jump and triple jump) and 2A (Sherice/100m hurdles, 300m hurdles, long jump and triple jump). Both of these Striders are outstanding students and have represented their families, schools and the Durham Strider Track program in outstanding ways.

In addition, Brittany Wilkins (Burlington Cummings) also won the 200m State championship in the 2A Division. We are proud of all of our Striders who made it through to the State Championships and look forward to having them join us next week as they prepare for their summer track season.

### IMPORTANT CHANGE IN SUMMER SCHEDULE:

The State Games which were to have taken place on June 7<sup>th</sup> have been moved to the following weekend, June 14<sup>th</sup>, at NC A&T State University in Greensboro, NC. This means there **there is NO meet the weekend of June 7<sup>th</sup>!**

For our team, this also means that some of our athletes who have achieved the qualifying standards for the Jim Law Meet will go to Charlotte, June 14-15<sup>th</sup> and some of our athletes will participate in the NC State Games at A&T. As a reminder the rest of 'June's track schedule looks like this:

June 14	State Games/Greensboro/NC A&T State
June 14-15 <sup>th</sup>	Jim Law Invitational/Charlotte/Johnson C Smith University
June 21-23	North Carolina USATF State Junior Olympic Championships Southern Durham High School
June 26-30	USATF Youth National Championships UNC-Charlotte Belk Track

## **BURLINGTON on FRIDAYS/This Friday at 6:00PM at Burlington Cummings HS Track:**

Please remember that we will once again go over to Burlington for a Friday night all comers meet. The same rules apply in terms of dressing out in Durham, Striders running shirtssshorts. All events will be timed finals. We will run the same events again, and hope to be finished again by 9PM. Please check the weather report. If it is raining/storming, we won't run. If there are any questions, please call Coach Doc, 323-5948.

## **USATF Numbers**

In order for those children who are 7-8 through 17-18 years old to begin the Junior Olympic competition, they will need a USATF number. This number changes every season, therefore anyone with a number from last year, will still have to RENEW your membership and get a number. All Striders who have never had a USATF number must REGISTER and get a number. This process is done ONLINE at the USATF website which is located at:

<https://www.usatf.org/membership/application/>

and follow the directions. **MAKE SURE THAT YOU AFFILIATE WITH THE DURHAM STRIDERS. OUR CLUB NUMBER is 618!!!!**

Once you have completed the registration, you will get a confirmation that you should print and/or email to Mrs. Holland ([jholland@duke.edu](mailto:jholland@duke.edu)). All USATF numbers MUST be submitted to us no later than **Monday, June 9<sup>th</sup>** so that we can enter our athletes into the first meet of the **Junior Olympics, the NC Junior Olympic Championships. This is a MANDATORY MEET for all athletes except for those who have qualified to the Junior National Competition(15-16 and older).**

If there are ANY questions about this process, please see Mrs. Holland or Mrs. Brown at the track.

## **SPECIALTY PRACTICES**

Beginning next week, some of the kids will start to work at least once a week with specialty coaches in the following areas: with event coaches listed below:

Hurdles:	Elbert Ellis, Jr
Long/Triple Jumps:	Roy Anderson
High Jump	Willette Crews

Coach Crews has already begun to work with some of the high jumpers. Coach Reese and his coaches are already working with those athletes who will be participating in the shotput, discus, and javelin.

## **INFORMATION ABOUT JUNIOR OLYMPICS vs INVITATIONAL MEETS:**

There are two types of track competition for our athletes. The JOs(Junior Olympics) are a set of competitions in sprint, middle and long distances, relays, and field events that begin locally and progress through to National Championships at the end of July. All eligible kids who are 7-8 years old will be entered as long as they are registered with USATF. They continue to run by eliminating others, i.e., they must finish in the top 5 in their event(s), to qualify to the regional competition which will be held in Rock Hill, South Carolina, July 10-13<sup>th</sup>. From the Regionals, they must finish in the top 3 to qualify to the National Championships held this year in Nebraska. Invitational Meets are entered by meeting the qualifying standards set by the meet. This year we will participate in the Youth Nationals put on by USATF, the Jim Law hosted by the Charlotte Flights, and the Russell E. Blunt East Coast Invitational, hosted by us. Each of these meets have their own qualifying standards and therefore only those athletes who have qualified by meeting these meet standards can be entered into the meet. The North Carolina State Games are an "all-comers" meet for young and old athletes. There are no qualifying standards which allows anyone who wants to participate to enter. Our kids will participate in this meet as well.