

Durham Striders Track Club



Final information for USATF Junior Olympic National Championships/July 26-31, 2011/Cessna Stadium, Wichita State University

The team will leave Hillside High School parking lot on Monday night at 8:00PM and will travel by chartered bus to Kansas City, Kansas first, arriving ~6PM , staying overnight Tuesday. The team will travel from Kansas City to Wichita, Kansas Wednesday morning arriving ~noon to Wichita, Kansas.

The team will be staying at the Wichita Marriott in Wichita, Kansas through Sunday morning for the meet and will leave for Durham upon conclusion of the meet on Sunday. On the way back, we will travel to Mt Vernon, Illinois where we will stay overnight and leave for Durham early Monday morning arriving back home late Monday evening

All coaches, chaperones, parents, and athletes who will be traveling with the team should be at Hillside **no later than 6:30PM Monday evening**. We will stop in Burlington to pick up those traveling from the Burlington area and continue from there to Kansas City, Kansas.

The team will be staying at the:
Wichita Marriott
9100 Corporate Hills Drive
Wichita, Kansas 67207 USA
Phone: 1-316-651-0333
Fax: 1-316-651-0990
Toll-free: 1-800-610-0673

We are traveling by Coach America, the bus is WiFi-equipped and very similar to the bus that we took to Chicago last summer for the Youth Nationals.

IMPORTANT REMINDERS:

- 1) **UNIFORMS**: Please make sure that you pack BOTH white and navy Durham Strider shirts and your Durham Strider warm-ups. Please change out your spikes **BEFORE** leaving and **LABEL** every piece of clothing, shoes, bags, SMALL coolers (please), pillows, blankets, etc.

- 2) **PLEASE PACK overnight clothes for Tuesday night/clothes for Wednesday IN A SEPARATE small bag to take onto the bus as we will NOT UNPACK THE BUS FOR BAGS on TUESDAY in Kansas City.**
- 3) You will need a pillow and blanket for the bus.
- 4) You will need 7 days changes of clothes. We expect that you will dress CASUALLY and RESPECTFULLY when we go out to dinner.
 - a. For boys, ALL PANTS will be at your waist. There will be no baggy pants that hang down and show your underwear. Bring a BELT if your pants are too large!
 - b. For girls, please make sure that your clothes are not revealing of anything.
 - c. If there are ANY questions about what is acceptable, email me at Brenda.armstrong@duke.edu and I am happy to answer any questions. Remember that you are representing your families, your track team, and your community and nothing less than the highest of behaviors will be tolerated!
- 5) Please pack in **CRUSHABLE** bags as there is limited space on the bus and on the vans.
- 6) **Please remember that ANY PERSONAL ITEMS of value, e.g. IPODs, cell phones, jewelry, CD/MP3 players, etc are taken at your OWN RISK.**
The Club is NOT responsible for any loss of these items.
- 7) The athletes will need \$15-20/day for meals. For the younger athletes (11-12 and under), please put their money in an envelope, labeled with their names and the amount enclosed, and give it to Coach DOC or Coach McFadden to keep. Any unused money will be returned to the parents upon the team's return.
- 8) If there are medications (e.g. inhalers or other meds) these should be put in a **LABELED container** in a plastic bag and given to Coach DOC.
- 9) Please **feed your children BEFORE they come to the get on the bus and vans.** There will be NO eating on the bus and we will not stop to eat until early morning for breakfast on Tuesday morning.
- 10) Please **REVIEW** the code of conduct with your children as it will be **STRICTLY ENFORCED.**
 - a. There will be no rude or disrespectful behavior, use of profanity, or any type of weapon on the bus or during the trip.
 - b. There will be NO inappropriate behavior between boys and girls.
 - c. There are to be NO BOYS in GIRLS rooms and vice-versa
 - d. There will be no fighting, or other behaviors unbecoming of Durham Striders.
 - e. On the track there will be sportsmanship at the highest level from Durham Striders!!! Any unsportsmanlike behavior will be grounds for immediate dismissal from the team.
 - f. The first offense will be grounds for immediate suspension from the team. Curfew and lights out will be **STRICTLY** enforced.
 - g. We will insist on **knowing where everyone is at all times when we travel** and will observe curfew and do bed-checks every night

at the hotel. We will ask everyone to sit together while we are at the track

- 11) **ALL athlete cell phones** will be collected by chaperones in the evening AT CURFEW, charged, and return each morning to athletes. There will be NO Cell phone calls, text messages, etc after curfew. This will be STRICTLY ENFORCED!!!

We are asking every one to bring **at least one case of water** to make sure that we have enough water for the kids during the meet. If you also want to donate non-perishable snacks, e.g. peanut butter crackers, granola bars, etc., we are collecting these for the trip as well. Please bring these to the track on Wednesday morning

WEATHER FOR Wichita, Kansas: Highs in the mid-upper 90s/100s, lows in the mid to upper 70s. Pack accordingly!!!!