



Blunt ECI Track & Field Meet

**Friday July 20 – Sunday July 22, 2012
Duke University – Wallace Wade Stadium
Durham, NC**

ELIGIBILITY: Open to any athlete that falls within the age divisions listed below and meet qualification standards. The maximum event entry limit for this meet is four events for age groups Youth thru Young (13-14 thru 17-18). Athletes in age groups Sub-bantam thru Midget (8&U thru 11-12) can only compete in a maximum of three events, including relays

AGE DIV.: Age divisions are determined by year of birth.

Sub Bantam	8 & U	2004 and after
Bantam	9-10	2002 – 2003
Midget	11-12	2000- 2001
Youth	13 - 14	1998 - 1999
Intermediate	15 - 16	1996 - 1997
Young M/W	17 – 18	1994– 1995

In the Young Men/Women division, an athlete is considered 18 if his/her 19th birthday falls on or after July 30, 2012. An athlete must compete in his/her age division

ENTRY INFO: Entries and changes can only be made *on-line* at www.CoachO.com. If you are unfamiliar with CoachO.com on-line meet entry process, click on Calendar and choose meet. On-line meet entry for the Blunt ECI will be available from mid April until the deadline, July 13. Performance list and time schedule will be placed on www.durhamstriders.com by July 15. No faxed or mailed entries will be accepted. No entry fee will be transferred or refunded. *Bring a legible copy of a birth certificate or proof of age for each athlete entered; do not send in advance.*

There is no entry fee for Mothers/Fathers/Coaches relays; for these relays must be done at package pickup no later than July 21.

Deadline: Athletes must be entered by midnight Friday, July 13

Fees: \$9.00 per individual event \$24 per relay event

PAYMENT: By credit card - Pay on line at Coach O.com by the deadline by charging to VISA or MasterCard

By mail - Certified checks or money orders only. *Personal or club checks will not be accepted, Fees must be received, not postmarked by the entry deadline.*

Mail fees payable to: Durham Striders
PO Box 15758
Durham, NC 27704

PERFORMANCE: Athletes that do not meet qualifying standards will not be allowed to enter the meet. Teams with athletes that do not perform reasonably close to qualifying standards will not be allowed to participate in future Russell E. Blunt ECI's.

RELAYS: A maximum of 2 relay teams, 'A' and 'B', per event per age division will be allowed. Four (4) members and two (2) alternates may be entered per relay. Relay entries count towards event maximums. Relay uniforms must conform to 2012 USATF rules.

AWARDS: The top six finishers in each event will receive awards. Team awards will be presented to the top point winners in the overall team, overall male/female team, and the top point winners in the overall male/female for each age group. First place relay teams members will receive a *Championship Baton*. Outstanding Athlete Award for each age division. *THE RUSSELL E. BLUNT AWARD* to the winning 17-18 male/female in the 800 meters.

EQUIPMENT: Athletes must use the starting blocks and batons provided by the meet. Throwers must provide their own implement. Throwing implements will be weighed in designated area on Friday from 8:30-10:00 a.m., on Saturday from 8:00-10:00 a.m. and 2:00-3:00 p.m., on Sunday from 8:00-9:30 am and 11:30 a.m. - 1:00 p.m.

SPONSORS: Durham Striders Track Club, Inc., 9th Street Active Feet (Durham), and Duke University

SANCTION: NC USATF (You do not have to be a member of USATF to compete)

ENDORSED BY: NC Amateur Sports.

RULES: 2012 USATF rules of competition will apply.

PROTESTS: All protests must be filed at the protest table by the coach or the individual competitor, if not competing for a club. A parent may file for an unattached runner. All coaches **MUST** abide by the USATF rules and any supplemental rules or risk disqualification of an athlete or their team. A **CASH** fee of \$50.00 must be submitted when filing a protest. The money will be returned if the protest is upheld.

COMPETITOR NUMBERS: Competitor numbers must be worn on front of uniform. A \$5 fee will be charged to replace lost number.

FACILITIES: 400 meter all-weather track. Only ¼" or less spikes allowed. FinishLynx timing. Concession stands open during meet. No tape decks, radios or glass containers allowed in the stadium. Tents and/or umbrellas will not be allowed below marked levels of the stadium.

Team packets will be available at the track from 6:30 p.m. to 8:30 p.m., Thursday, July 21 or after 8:00 a.m. Friday.

HOST HOTEL: Homewood Suites by Hilton
Raleigh/Durham Airport
4603 Central Park Drive
Durham, NC 27703
(919) 474-9900

MEET DIRECTOR: Frank W. Davis, Jr. – (blunteci@durhamstriders.com)

WEBSITE: www.durhamstriders.com

2012 BLUNT E.C.I – Qualifying Standards (Running Events in Meters)

Events	Sub-Bantam		Bantam		Midget		Youth		Intermediate		Young	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Women	Men
100	16.3	16.0	14.9	14.6	13.6	13.5	13.1	12.3	12.9	11.6	12.8	11.4
200	34.0	33.0	31.1	30.0	28.0	27.6	27.5	24.9	26.6	23.5	26.0	22.6
400	1:20.0	1:17.0	1:11.5	1:11.0	1:05.7	1:03.5	1:00.5	56.0	59.8	52.6	59.5	50.7
800	3:15.0	3:12.0	2:50.0	2:42.0	2:39.0	2:31.0	2:28.0	2:16.0	2:27.3	2:07.0	2:27.0	2:06.0
1500	6:35.0	6:25.0	5:49.0	5:31.0	5:22.0	5:06.0	5:20.0	4:54.0	5:10.0	4:40.0	5:18	4:25.0
3000	-----				12:00.0	11:15.0	11:20.0	10:20	11:40.0	9:50	11:40.0	9:48.0
High Hurdles	-----				14.9	14.8	16.7	16.2	17.10	16.9	16.7	15.8
Interm. Hurdles	-----	-----	-----	-----	-----	-----	31.5	30.0	1:13.0	1:02.0	1:10.0	59.1
4X100	1:12.0	1:10.0	1:04.0	1:01.0	56.8	56.0	52.0	50.0	51.1	45.5	51.0	43.8
4X400	5:55.0	5:45.0	5:34.0	5:20.0	4:44.0	4:36.0	4:18.0	4:00.0	4:16.0	3:40.0	4:13.0	3:30.0
4x800	-----	-----	-----	-----	11:36.0	11:05.0	11:08.0	9:51.0	11:01.0-	9:18.0-	10:40.0	8:33.0
LJ **	9'0"	10'4"	11'7"	12'6"	13'8	15'0"	15'5"	17'8"	15'11"	19'5'	16'7"	21'0"
TJ **	-----	-----	-----	-----	-----	-----	31'0"	33'2"	33'5"	38'0"	33'7"	42'0"
HJ *	-----	-----	3'5"	3'9"	4'2"	4'4"	4'8"	5'0"	4'8"	5'9"	4'10"	6'1"
Pole Vault							7'1"	8'3"	7'8"	11'10"	8'8"	13'7"
Shot Put **	13'0"	14'0"	17'10"	21'00"	25'0"	30'5"	33'0"	38'0"	33'0"	40'0"	33'1"	45'00"
Discus **	-----	-----	-----	-----	54'0"	70'0"	80'0"	114'0"	96'0"	120'0"	102'0"	138'0"
Mini Jav **	32'0"	49'9"	37'9"	60'4"	40'2"	80'9"	-----	-----	-----	-----	-----	-----
Javelin	-----	-----	-----	-----	-----	-----	68'3"	104'8"	78'7"	126'6"	82'0"	142'7"
							600g	600g	600g	800g	600g	800g

* STARTING HEIGHT IN HIGH JUMP WILL BE 4" BELOW QUALIFYING STANDARD; POLE VAULT 1' BELOW.

** DISTANCES 1 FOOT OR MORE BELOW QUALIFYING STANDARDS WILL NOT BE MEASURED

ATHLETES MUST COMPETE IN HIS/HER AGE DIVISION

RUNNING EVENTS:

Friday, July 20	Saturday, July 21	Sunday, July 22 - (All Finals)
10:00 am	9:00 am	9:00 am - 6:30 pm
3000 M Run (Final)	1500 M Run (Final)	800 M Run
200 M Hurdles (Final)	80 M Hurdles (Semis)	Mothers/Fathers/Coaches 4 X 100 Relays
400 M Int. Hurdles (Final)	100 M Hurdles (Semis)	Opening Ceremonies
4 X 800 M Relay (Finals)	110 M Hurdles (Semis)	80 M Hurdles
200 M Dash (Trial)	100 M Dash (Trials)	100 M Hurdles
4 X 400 M Relay (Semi)	100 M Dash (Semis)	110 M Hurdles
	400 M Dash (Semis)	100 M Dash
	200 M Dash (Semis)	400 M Dash
	4 X 100 M Relay (Semis)	200 M Dash
		Outstanding Athlete Awards
		4 X 100 M Relay
		4 X 400 M Relay
		Team Awards

FIELD EVENTS:

Note: For safety reasons, the Javelin will start at 8:00am on Friday to be completed by 10:00am.

Friday, July 20	Saturday, July 21	Sunday, July 22 (All Finals)
10:00 am	8:30 am	8:30 am - 6:30 pm
High Jump (Bantam, Midget)	High Jump (Youth)	Shot put (Young M/W)
Triple Jump (Youth, Intermediate, Young M/W)	Long Jump (Youth, Intermediate, Young M/W)	High Jump (Intermediate, YM/YW)
Pole Vault (All)	Discus (Youth, Intermediate)	Long Jump (Sub-Bantam, Bantam, Midget)
Shot Put (Sub-Bantam, Bantam, Midget)	Shot Put (Youth, Intermediate)	Discus (Young M/W)
Javelin (Y,I&YM/YW, Starts at 8:00 am)	Mini Javelin (Sub-Bantam, Bantam, Midget)	
Discus (Midget)		

TIME SCHEDULE WILL BE PLACED ON (www.durhamstriders.com) AFTER SEEDING.

RUSSELL E. BLUNT E.C.I. PARTICIPATING HOTELS

Hotel	Rate	Comments	Cutoff	Contact
Homewood Suites by Hilton (Host Hotel) Raleigh/Durham Airport 4603 Central Park Drive Durham, NC 27703	\$89.00	Complimentary full hot breakfast buffet, complimentary high speed internet service and an outdoor pool. Duke – 12 miles	July 1	Reservations Cathy Rector, Sales Manager (919) 474-9900 ext. 2572
Hampton Inn & Suites 1542 North Gregson Street Durham, NC 27701	\$89.00	Complimentary deluxe hot breakfast, complimentary high- speed wireless internet access Duke – 3 miles	July 1	Reservations (919) 688-8880 Rosalyn Williams, Assistant GM
SpringHill Suites Durham Chapel Hill 5310 McFarland Drive Durham, NC 27707	\$99.00	Complimentary breakfast Duke – 7 miles	June 28	Reservations (919) 403-1111 Laura Pellektier, Director of Sales
Hilton Garden Inn 4620 South Miami Blvd Durham, NC 27703	\$79.00	Free hot breakfast (2per room) Duke – 12 miles	June 20	Reservations (919) 313-5163, Natasha Murray, Senior Sales Manager
Courtyard by Marriott 1818 Front Street Durham, NC 27705	\$92.00	High speed wireless internet. Duke – 1.5 miles	July 1	Reservations (919) 309-1500 Tim Rogers, Sales Manager
Hilton Durham 3800 Hillsborough Road Durham, NC 27705	\$79.00	Complimentary wireless internet Duke – 2 miles	July 2	Reservation www.durham.hilton.com Group Code RBECI 919-564-2904
Marriott RTP 4700 Guardian Drive Durham, NC 27703	\$89.00	Complimentary full breakfast buffet, high speed internet.	July 5	Reservations (919) 941-6200 or (919) 941-6861 Kelly Adam, Sales Manager

Be sure to ask for the 2012 Russell Blunt East Coast Invitational group rate

Rates do not include applicable sales and occupancy taxes.